

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizil Knoester

Has successfully participated & completed the

12km Adventure Included: Kingskloof Paradise Trail

held at Kings Kloof.

TIME 01:26:31

PACE 07:12/km

OVERALL 43 of 126

GENDER 10 of 67

OPEN 9 of 36

17 March 2019, Sun

Date



BoutTime

Signature

